



Dublin residents Briana and Cicelia Dobson
Sickle Cell Disease limits their ability to participate in many normal kid activities

How the \$4,000 investment by **Dublin Community Foundation** impacted families raising a child with a life-threatening condition

A Kid Again increases mental wellness, social connectedness, and positive health outcomes of Dublin families. We do this through cost-free, accessible family outings called **Adventures**.

Our programmatic offering:

- Focuses on entire family (includes siblings, parents/guardians)
- Is a continuous service, not a one-time event for families

IMPACT SUMMARY

Dublin-area families served between October 2023 and May 2024

443

Adventure experiences provided

337

Dublin residents enrolled

7

New families enrolled

RESEARCH HIGHLIGHTS:

Health Impact

A study by the Research Institute at Nationwide Children's Hospital validates the impact of the A Kid Again program on the enrolled child, siblings, and parents/guardians.

- **57%:** Improvement in health behaviors and choices
- **90%:** Distraction from medical environment and treatment
- **88%:** Improvement in quality of life
- **55%:** Improvement in health condition
- **82%:** Stronger connection to families in similar situations
- **77%:** Feel a tighter family bond
- **92%:** Less depression or sadness